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Lori: The Disintegration Of My Ordinary Reality



Synopsis

In the indigenous cultures of Central America, what western medicine terms a mental illness is understood as signaling the birth of a healer or shaman. Mental disorders are viewed as spiritual emergencies that require support from sages in the community who understand the connection we have to the spirit realm. A shaman walks the thin line of insanity and bliss. There is nothing casual about how this calling presents itself. Those who become shamans must make a sacrifice: The mind must be rewired in order to make room for the soul. This is what happened to Lori Morrison several years ago. Upon the death of her husband of twenty-three years, American-born Lori found herself living alone on the edge of a volcanic crater lake in El Salvador in contact with the spirits of hundreds of Mayans trapped beneath the waters waiting to be set free by her. In the throes of a full-blown mental crisis, she went from hospital ER to locked ward, to a daring adventure in the jungles of Colombia, where a team of local brujos helped her complete her transition into the role she currently plays as a healer and spiritual counselor. It is a powerful memoir of a woman coming to recognize herself and gifts that she has previously rejected so she may fulfill her destiny.

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Customer Reviews

I must say that I have read hundreds of books in my spiritual evolution and all my readings have given me pieces of the puzzle. This book has traveled into my heart and given me enormous spiritual wealth and heritage. It transmits love for the journey back home. This book truly has the power to remind humanity that change & transformation into "love" is the path. I congratulate the author on a masterfully written book - (which I would call a journey to be more precise)

Fascinating and informative, an insightful spiritual journey of one woman's path to find herself after confronting several life altering challenges. Lori overcomes grief, battles physical trauma, climbing thru obstacles to find herself again...beginning anew, discovering her truest self and soul's purpose. Lori takes us on a ride through the Mayan culture, modern-day Shamanism; with travels to El Salvador, Brazil, Cusco, Peru and more... This book is a heartfelt love story, sharing loss, recovery, strength and courage, it reads like an adventure movie!

Lori's story of sharing of her emotions, death of her husband and her temporary step into perceived insanity is brave and enlightening at the same time. Her story is one of romance, thrilling and yet a drama. Humorous and seemingly "out there" at times written from the heart. Lori shares her story of love, the unknown and trusting others as well as her intuition. Coming from a Western education and way of life, Lori finds herself in a state of mind many call insanity, but is it really the process of Enlightenment so many are searching for? After reading her story, be careful what you ask for! Be prepared to step into the ancient beliefs of the Indigenous people crashing with the Western culture of our world today. I loved the book, fast paced, well written, an unbelievable story at times. A modern day Historical non-fiction. A must read!

What a fascinating journey in life Lori has experienced. She very generously takes the reader along with her as she describes the torment she went through in finding her true self. A heartrenching story that has lots of controversy from negative forces for which she bravely faces to accomplish her mission. This book provides a wonderful exposure into Spirituality.

This book grips you from the very beginning and leads you on a journey with Lori that is emotional, funny, heart wrenching and fascinating. It opens you up to a new world and a new way of thinking about life and those who have gone before us. I applaud Lori for opening up and sharing her story with all of us.

Lori took me to the deepest part of a world you would never imagine existed, its a captivating history and full of hopes to those people that are longing to see their dead loved ones. It has everything and I was never bored reading it. Truly amazing and full of surprises!

This book has touch me so profoundly. I literally could not put it down and will re-read it again... I've been a very private person with my many life experiences and Lori has given me the courage to walk my path freely and that I do not need to suffer in silence anymore. She has gifted me with the gift of courage and faith, hope and belief that I can definitely walk my journey without having o hide in fear anymore. This is by far the best memoir I've ever read.....highly recommended for everyone who is questioning their soul journey. By Annette Cormier - Moncton NB

The story of Lori's true to life experiences are amazing from El Salvador to Arizona to her evolving into a gifted spiritualist with a deep desire to help others. I was able to connect with her as she journeyed through life making me want to laugh and cry along the way. I was enthralled and engulfed in the story and couldn't put my book down! I find her style of writing to be an eloquent use of words and I can't wait to read more of her writing.

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